

SPECIALTY SERVICES

Alzheimer's Association Helpline
704-532-7390
American Cancer Society
704-552-6147
American Heart & Stroke Associations
704-374-0632
American Red Cross
704-376-1661
Arthritis Patient Services
704-331-4878
Buddy Kemp Caring House
704-384-5223
Crohn's & Colitis Foundation
704-717-3300
Cystic Fibrosis Foundation
704-321-7852
Disability Rights & Resources
704-537-0550
Division of Services for Deaf & Hearing
704-568-8558
Leukemia and Lymphoma Society
704-998-5012
Lupus Foundation
704-849-8271
Mental Health Association
704-365-3454
Metrolina Association for the Blind
704-372-3870
National Kidney Foundation
704-552-1351
National Multiple Sclerosis Society
704-525-2955
Parkinson's Association of the Carolinas
704-248-3722
Support Works
704-331-9500
The Solomon House
704-875-7727
Veteran's Service Office
704-336-2102

TRANSPORTATION

CATS Schedules
704-336-RIDE
Iredell CATS
704-873-9393
Mecklenburg County Special Transportation
704-336-2637

VOLUNTEERING

Retired Senior Volunteer Program
704-522-6222
Volunteer Action Center – United Way
866-744-7778

TOLL-FREE ORGANIZATIONS

American Diabetes Association
800-342-2383
American Lung Foundation
800-892-5662
Auto Safety (complaints/information) DOT
800-424-9393
Consumer Product Safety Commission
800-638-2772
Dept of Housing & Develop/Discrimination
800-669-9777
Directory of Toll Free Numbers
800-555-1212
Donor Information Line
800-252-2672
Eldercare Locator
800-677-1116
Energy Assistance Hotline
800-662-7131
Governor's Office of Citizens' Affairs
800-662-7952
Insurance Consumer Protection
800-662-7777
Medicare
800-633-4227
National Health Info Center
800-336-4797
NC Library Blind/Handicapped
888-388-2460
Social Security Administration
800-772-1213

Lake Norman Senior Resources is a volunteer-based civic group that strives to collaborate on projects in order to reach caregivers and older adults in the Lake Norman Area through education and resources. Members of Lake Norman Senior Resources are in bold print.

This Resources Guide is for informational purposes only and is made available as a public service by Lake Norman Senior Resources. The information is deemed correct but may contain technical inaccuracies or typographical errors.

lkn lake norman senior resources



www.lknsr.com

*...Making Lives Easier for
Seniors and their Caregivers
through Education and Advocacy*

ADVOCATES

AARP North Carolina
704-896-7498
 Centralina Area Agency on Aging
 704-372-2416
 Charlotte Mecklenburg Council on Aging
 704-391-5216
 Dept of Social Services – Mecklenburg
 704-353-1500
 Dept of Social Services – Iredell
 704-873-5631
 Dept of Social Services – Lincoln
 704-732-0738

COUNSELING

Lake Norman Inspirations
704-660-4603
Hanley Center Outreach
704-549-0356
 United Family Services
 704-332-9034

EMERGENCY NUMBERS

Adult Protective Services
 704-336-4812
 Carolina Poison Control
 704-355-4000
 Emergency Mental Health Services
 704-358-2700

FINANCIAL SERVICES

Hearn Wealth Management Company
704-895-3018
Lake Benefits Agency
704-662-7691
Ports & Ports CPA, PC
704-560-5956
Jennifer A. Ziegler, AAMS
704-990-7062

GENERAL INFORMATION

Goodwill
 704-372-3434
 Just One Call
 704-432-1111
Lake Norman Times
704-664-2882
Peter Alex Media
704-947-9082
 United Way
 704-377-1100

HEALTH CARE

Carolinas Medical Center
 704-355-2000
 Carolinas Rehabilitation
 704-355-4300
 CMC/Lincoln
 704-735-3071
 CMC/Northeast
 704-403-3000
 CMC/University
 704-863-6000
 Free Health Clinic
 704-947-6858
Health Research Science
704-644-8804
Hospice & Palliative Care Lake Norman
704-375-0100
 Lake Norman Regional Medical Center
 704-660-4000
 Medicaid Services
 704-353-1900
 Presbyterian Hospital – Downtown
 704-384-4000
 Presbyterian Hospital – Huntersville
 704-316-4000
 Presbyterian Senior HealthCare
 704-316-6565
 SHIP Senior Health Insurance Info.
 800-443-9354

HOME SUPPORT

Elite Pharmacy Services
704-689-0120
Philips Lifeline
704-675-3981
Ready, Set, Repair!
704-237-9330
Responselink Medical Alert Services
704-875-8473

LEGAL ASSISTANCE

Estate & Elder Law Firm of Vandiver & Bryan
704-892-9355
 Legal Services for the Elderly
 704-334-0400
 North Carolina Lawyer Referral
 800-662-7660

IN-HOME CARE/HOME HEALTH

Comforcare Senior Services
704-543-0630

IN-HOME CARE/HOME HEALTH (cont'd)

Comfort Keepers
704-663-3989
Dudley's Home Health
704-799-3363
Home Careolina
704-892-0030
Home Instead Senior Care – Charlotte
704-892-6888
Home Instead Senior Care – Iredell
704-924-9909
Homewatch Caregivers
704-503-4660
Lake Norman Home Health
704-660-4480

MEALS

Friendship Trays
 704-333-9229
 Senior Nutrition Program Information
 704-336-3144

MOVING AND RELOCATION

All the Right Moves for Seniors
704-439-3836
Keller Williams Realty
704-451-1342
Tag Sale Treasures/Estate Sales
704-607-6225

PUBLIC SERVICES

Better Business Bureau
 704-527-0012
 Charlotte Dental Society
 704-376-6555
 Chemical Dependency Center
 704-376-7447
 Mecklenburg County Government
 704-336-7600
 Town of Cornelius
 704-892-6031
 Town of Davidson
 704-892-7591
 Town of Huntersville
 704-875-6541
 Consumer Credit Counseling UFS
 704-332-9034
 CrimeStoppers – Iredell County
 704-437-2677
 CrimeStoppers – Lincoln County
 704-736-8909

PUBLIC SERVICES (cont'd)

CrimeStoppers – Mecklenburg County
 704-334-1600
 Crisis Assistance Ministries
 704-371-3000
 County Health Department – Iredell
 704-878-5300
 County Health Department – Lincoln
 704-736-8634
 County Health Department – Mecklenburg
 704-336-4700
 MedAssist
 704-536-1790
 Substance Abuse Prevention Services
 704-375-3784
 Tax Dept Senior Exempt. Program – Iredell
 704-878-3013
 Tax Dept Senior Exempt. Program – Lincoln
 704-736-8542
 Tax Dept Senior Exempt. Program - Meck.
 704-336-6394

ELDERCARE CONSULTANTS

A Place for Mom
877-663-0038
Caregiving Corner
704-492-0554

SENIOR LIVING

The Glens at Birkdale
704-947-7635
Shads Landing
704-510-0215

SOCIAL, EDUCATION & RECREATION

CPCC – Charlotte
 704-330-2722
 CPCC – Huntersville
 704-330-4101
 Jewish Community Center
 704-336-5007
 Parks & Recreation – Lincoln County
 704-736-8432
 Parks & Recreation – Iredell County
 704-878-3103
 Parks & Recreation – Mecklenburg County
 704-336-3854
North Mecklenburg Senior Center
704-892-4041
 UNC-Charlotte
 704-687-2000